

STOP THE FLU IN KIDS UNDER 5

5 reasons to vaccinate your child

1 It's their best protection

Children under 5 risk serious illness from the flu. **Vaccination is the best protection.**

2 It's safe

The flu vaccine is **safe** and cannot give you or your child the flu.

3 It's effective

The flu vaccine **prevents flu** and stops it from becoming bad if you do catch it.

4 It's easy

Flu vaccines are available through **GPs** and **local councils**.

5 It's free

The flu vaccine is **free** for children aged 6 months to under 5 years.

Book your child in now to get their flu vaccine.

Flu vaccines are available through your council or find a GP near you using the [Health Direct Service Finder](#).

