

PREGNANT? THINK VACCINES

GET YOUR 3 FOR FREE

1 Respiratory Syncytial Virus (RSV) vaccine

- RSV can cause serious **breathing illness in newborns**.
- The new maternal **RSV vaccine is recommended** and **FREE** for pregnant people between 28 and 36 weeks of pregnancy.

2 Flu vaccine

- Pregnant people risk serious illness from flu. **Vaccination is the best protection.**
- The flu vaccine is **safe, effective, and FREE** and can be given **at any stage of pregnancy.**

3 Whooping cough vaccine

- Whooping cough can cause dangerous breathing issues, especially **in babies under six months.**
- Get a **FREE whooping cough booster** during each pregnancy between 20 and 32 weeks to **protect your baby after birth.**

Book in now with your GP or maternity provider to get your RSV, flu and whooping cough vaccines.

You can have all 3 vaccines safely in the same visit.

