

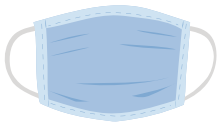
# I am a close contact

This is designed to provide an overview of what you need to do as a close contact. For more information, read the Department of Health's [checklist for household contacts](#).

A close contact (household or household-like contact) is someone who lives with, or has been in a home setting for more than **4 hours**, with a COVID case.



You must complete a rapid antigen tests on at least five days in the seven days after the COVID case tests positive.



You must wear a mask whenever you're indoors outside of your home.



You must avoid sensitive settings, such as healthcare, aged and disability care settings.



Where possible, you should work from home.

If you do not wish to undertake the testing and mask requirements outlined above you must quarantine at home for seven days.

If you are still unsure about whether or not you are a close contact, or want to confirm your contact with a COVID case, you can [email](#) us.