

I am a COVID case

This flowchart is designed to provide an overview of what you need to do as a COVID case. For more information, read the Department of Health's [checklist for COVID cases](#).

A COVID case is someone who has taken a COVID-19 [PCR test](#) or rapid antigen test (RAT) and received a positive result.

If you are unwell and it is an emergency, call **000**. Do not wait for someone to call you.

Have you returned a positive COVID-19 test (RAT or PCR)?

If **yes**, you must go home immediately and isolate. You must isolate for 7 days from the date the positive test was taken, even if you are fully vaccinated.

Tell the people you live with they are [close contacts](#).

You must identify the people you've had contact with while you've been infectious. You became infectious 2 days before you first developed symptoms, or 2 days before your positive test was taken if you don't have symptoms.

People you have been in a residential setting (house) with for more than 4 hours during that time are [close contacts](#). If you were at work during that time, tell your workplace manager you have COVID-19. People you saw socially during that time are [social contacts](#).

You do not need to wait for clearance to leave isolation. Once you have completed the 7 days, you can leave. During your isolation period, someone from WPHU or DH may call you for a contact tracing interview.

If **no**, but you are symptomatic, you should get [tested](#).

If you are unable to get tested you should still isolate for 7 days and let your household and contacts know.

If you are unsure about what to do as a COVID case, you can [email](#) us. WPHU is responsible for the western metro region, if you are unsure of what region you live in, [click here](#).